

## NEWS AND NOTES

### Our WHV team for the January 2010 medical mission includes:

Dr. Dan Wagner, team leader, diabetes specialist, Wildwood, PA (10th trip)  
Donna Whitlock, RN, critical care nurse, Birmingham, AL (5th trip)  
Danielle M. Wagner, RN, recent graduate from University of Nevada, Quincy, CA (2nd trip)  
Dr. Cameran E. Nye, hospital pharmacist, Hayden, ID (first trip)  
Michaela Tessling, RN, herbalist at Nutri-farmacy, Pittsburgh, PA (first trip)  
(anyone interested in attending future medical missions should contact Dr. Wagner at 412-486-4588)

-----

### Dr. Wagner in University Publication

The Fall (60:2) edition of the Ohio Northern University Journal featured an article named "Call to Service" highlighting the medical mission work of Dr. Dan Wagner over the last ten years. Dan received his doctorate degree from Ohio Northern University in 2001.

### How You Can Help

Help in our efforts to continue medical work in NIGERIA and ECUADOR

**Your kindness and generous donations help to make possible our medical missions to Third World countries**



is a non-profit organization for medical missions with tax exempt status under section 501(C) of the IRS code.

Tax ID: 23-2939579

[www.worldhealthvision.org](http://www.worldhealthvision.org)

### Tax Deductible Contribution Tax ID: 23-2939579

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Donation: \_\_\_\$25 \_\_\_\$50 \_\_\_\$100 \_\_\_\$500 \$\_\_\_ Other

Credit Card donations may be emailed to:

([dtwherb@yahoo.com](mailto:dtwherb@yahoo.com))

OR

Phone toll-free 1-877-289-7478

Please make check payable to:

**World Health Vision**

P.O.Box 238

Wildwood, PA 15091

**Thank you for your continued support !!!**

[www.worldhealthvision.org](http://www.worldhealthvision.org)

## **FALL 2009 / WINTER 2010 NEWSLETTER**

*Dr. Daniel T. Wagner, Director and Chairman  
World Health Vision (WHV)  
2506 Wildwood Rd., P.O. Box 238 Wildwood, PA 15091  
Tax ID: 23-2939579*

[www.worldhealthvision.org](http://www.worldhealthvision.org)



### Helping to Stem the Rise of Diabetes and Blindness in Nigeria, West Africa

By Dan Wagner, RPh, MBA, PharmD

Dear friends:

In January, 2010, I am pleased to announce that I will be leading a team of 5 or 6 other health professionals on a medical mission to Nigeria to serve those most needy in this Third World country. This will be our most ambitious trip to date (my tenth) and I am asking for your kind help in the form of a modest donation to help make this trip a success.

Our NGO organization is called *The World Health Vision (WHV)*. We are a non-profit, Pittsburgh-based charitable organization of health professionals. The *WHV* is dedicated to assisting people in need of medical care, which may include providing supplies, drugs, and medical equipment. We are also involved in promoting educational programs; and conducting research to improve health care in developing countries. Our main initiative in Nigeria the past few trips has been to set up and administer diabetes-screening clinics at a number of hospitals around the country.

This year our team will continue to establish diabetes screening in 6 hospitals (in four cities). We are also undertaking a new project for help eradicate early blindness. Young babies and children who do not receive enough *Vitamin A* at an early age risk developing an eye affliction called *xerophthalmia*. This lack of vitamin A (cost per person will be about 8 cents) may lead to improper development of tear ducts, which can lead to blindness. Our team will distribute the correct dose of vitamin A to thousands of children in the city of Azara in Nasarawa State, Nigeria.

Your generous tax-deductible donation will help benefit the success of our medical mission. A Nigerian woman once told me, "Service is the rent we pay to God for our Space on Earth."

#### JUTH : WHV Medical Team is visiting hospital in 2010

For many years our base center has been in the Central Nigerian city of JOS in Plateau State. The **JOS UNIVERSITY TEACHING HOSPITAL (JUTH)** is a 550-bed Nigerian government institution affiliated with the University of Jos. JUTH is a specialty hospital geared toward family medicine and pediatrics. The threefold mission of the Department of Family Medicine is to promote academic excellence in the training of residents in the specialty of Family Medicine, to provide front-line care to the public and to conduct research relevant to common medical practices. JUTH houses the nationally know APIN Center (built by donations from the Gates Foundation) for advanced research on HIV-AIDS. WHV has worked closely with the JUTH staff for years, provided free vitamins to HIV patients, and has conducted diabetes screening clinics in past years.

The **DALHATU ARAF SPECIALIST HOSPITAL** is located in the city of Lafia, the capital city of Nasarawa State, south of Jos. Dr. J. Ogbere is the Chief Medical Director (CMD) and has overseen a more modern development of the hospital under the direction of Governor Doma. WHV has conducted diabetes screening programs here for the last four years and have successfully screened tens of thousands of patients and distributed thousands of doses of medicines and vitamins.

The town of Gusau (1991), has an estimated population 150,000 and is located in NW Nigeria on the Sokoto River. It is a regional trade center for peanuts, cotton, tobacco, and food processing. The **DIABETES ASSOCIATION OF NIGERIA, ZAMFARA STATE CHAPTER** is located in the northern State of Gusau. The Director is Dr. Kabiru Sada, an endocrinologist at the **FEDERAL MEDICAL CENTRE OF GUSAU**. In 2008, WHV conducted the largest screening in their history. Dr. Dan was honored by the Diabetes Association for his work on behalf of the WHV. In 2007 WHV delivered to the hospital a new machine called the **ANODYNE THERAPY SYSTEM**, which aids in the treatment of diabetic neuropathy. We will return to Gusau in 2010 to continue the diabetes screening program.





The gratitude expressed to our medical volunteers by the needy in Third-World countries has been humbling. Each mission we leave a sense that more can be done to help patients. WHV is proud to work with qualified medical staff and personnel at the hospitals and clinics in Nigeria.

2008 Medical Team to Nigeria

2007 (top and insert below)

2006 (top and insert below)

2005 (top insert)



Medical Mission Photos by World Health Vision's Dr Wagner R.Ph., MBA, Pharm. D.  
Nigeria Medical Mission 2008 Photos by Dr Madu

**High incidence of Diabetes**  
Nigerian Society of Endocrinology and Metabolism (NSEM), say about 10 million Nigerians are living with the condition

### Clinical Trials of 3N Glucose Support

Many free samples of the supplement called 3N-GLUCOSE SUPPORT (formulated by Dr. Daniel Wagner) have been distributed over the past two years. It is WHV's goal to begin to market this vitamin supplement (along with one for vision support) in Nigeria in the near future.

In 2008, a double-blind study was performed by endocrinologist Dr. Fabian Puepet in Jos, Nigeria on 100 type-2 diabetic patients. Each patient was given two GLUCOSE SUPPORT for 100 days free of charge. The study's results were published under the title "A Clinical Evaluation of 3N-GLUCOSE SUPPORT (a nutritional supplement) for the benefit, efficacy, and safety in the management of Nigerian patients with Type 2 Diabetes Mellitus."

In 2008, Dr. Daniel Wagner was honored to dedicate a new chapter of the Diabetes Association of Nigeria (D.A.N.) in the city of Bauchi. World Health Vision's Dr Wagner was given the honor of 'cutting the ribbon' at the new diabetes center at Bauchi Specialist Hospital. It established the first diabetes care unit of the hospital involved in training, testing, and education. It was hoped this would further lay the groundwork to administer a rigorous screening regime.



## What is World Health Vision?

World Health Vision is a non-profit, charitable organization of various medical professionals and health-care practitioners who volunteer their services and expertise in developing countries. We help to educate, administer, and treat the poorest segments of the population in order to improve their overall health.

We thank our friends and partners who generously donate monies, equipment and supplies to the World Health Vision



### Thanks for your kind donations to the medical mission!

Boyle, Mary E. - Gibsonia, PA \* Burnos, Joan and Robert - Wexford, PA \* Cessar, Scott and Joyce - Gibsonia, PA  
Diffendal, R. G. - Pittsburgh, PA \* Edwards, Herman - Allison Park, PA \* Fetchko, Shirley - Finleyville, PA  
Fisher, Mary Ann - Allison Park, PA \* Flaherty, Ann - Pittsburgh, PA \* Foote, Ed and Marily - Pittsburgh, PA  
Fosnight Personal Care Home, Ray Fosnight - Valencia, PA \* Hansen, Mary Jane - Gibsonia, PA  
Heinricher, Albert - Gibsonia, PA \* Kotlinski, George / Mary - Pittsburgh, PA \* Lerda, Sam - Wexford, PA  
McMullen, Edward & Maria - Pittsburgh, PA \* McNeill, William & Patricia - Pittsburgh, PA  
Meyer, Timothy and Elsa - Pittsburgh, PA \* Raimonde, Kathleen - Garden City, NY  
Rihmland, Wolfgang & Marion - Allison Park, PA \* Stroje, Inez W. - Pittsburgh, PA  
Tella, Oluyinka and Lydia - Pembroke Pines, FL \* Urbanek, Ronald / Louise - Gibsonia, PA

Your kindness and generous donations make possible our medical missions to the Third World!!!



## 2010 World Health Vision Projects

- >> Instituting a unique program to try and eradicate an eye affliction known as Xerophthalmia. This condition occurs when young babies and children do not get adequate amounts of Vitamin A which can cause extreme dryness of the eye's tear ducts. In severe cases this can cause blindness. There are very few medical groups in the world working in this area.
- >> Conduct open-air clinics for diabetes screening will be performed the cities we will visit. The clinic includes diabetic and hypertension screening while eliciting green "cards" to each patient with their perspective readings so they can report to their own physician.
- >> Continue to treat patients with diabetes through community education regarding diet and attempting to also balance blood glucose with natural supplements.
- >> Provide free nutritional supplements and medications to adults and children with HIV-AIDS.
- >> Provide thousands of doses of Pre-Natal vitamins to pregnant and lactating women.
- >> Contribute glucometers and glucose test strips that will remain behind after our team leaves so that the hospital medical staff and continue to monitor for high blood sugar
- >> Provide educational seminars to the hospital staff from individual team members in certain disciplines of medical specialties.
- >> Elicit an environmental concern involving the recycling medical surplus which we distribute such as unused surgical instruments that would have otherwise been discarded in landfills